

Hair Design & Color

Our technicians are committed to provide a hair design that fits your hair texture, facial structure and lifestyle.

Women's Haircut.....\$40	Mens/Childs Haircut...\$25
Bang Trim.....\$10	Color Retouch.....\$50
All Over Color.....\$65	Perms/ Relaxers...\$80 & up
Highlights & Lowlites.....\$80 & up	
Add on Conditioning Treatment.....\$10	

Special Occasion Hair

Weddings, Proms, Parties, an Evening out, or just a little something extra!

Wedding Style.....\$65	Bridal Style.....\$75
Trial Bridal Style.....\$50	Childs Style(10& under).\$45
Special Occasion Style (shampoo/blow dry).....\$55	

*prices for all hair services are at the discretion of the stylist and may change according to hair type.

Make - Up

Our experienced make-up artists will apply colors and give you a finished look that compliments your skin and hair tones

Trial Make-Up \$30
Natural/ Day Application \$45
Teen Application \$45

Spa Nail Services

Spa Pedicure

Soak your feet in a warm whirlpool bath while sitting in our cozy massage chair. This service includes callous & cuticle removal, exfoliating scrub, mask, foot and leg massage, hot towel wrap, polish application, and a bottle of polish to take home with you.

60 minutes.....\$65

Hot Stone Pedicure 75 minutes.....\$75

Express Pedicure (soak, file, and polish)

30 minutes.....\$50

Spa Manicure

Includes cuticle removal, nail shaping, exfoliating scrub, mask, arm and hand massage, hot towel wrap, and polish application.

45 minutes.....\$40

Hot Stone Manicure 60 minutes.....\$50

Express Manicure (soak, file, and polish)

30 minutes.....\$30

Shape & Polish Change 15 minutes.....\$20 & up

Add French Polish to any service.....\$10

Nail Art (per nail).....\$2

Paraffin Dip on hands.....\$10

Spa Facials

The Sothys treatments and products are based on innovation, advanced research, and proven results with almost 60 years of experience.

European Facial with Exfoliation

A melody of nature's best: grapefruit, aloe vera, or honey extract cleanses the skin. A gentle exfoliation brings an instant radiance to the skin. Thereafter, a customized serum ampoule, a relaxing facial massage, and mask treatment rejuvenates and illuminates the complexion.

60 minutes.....\$65

Men's Detoxifying - De-Stressing Facial

Specifically created to answer the needs of a man's skin. Special blends of black pepper and frankincense essential oils combined with a series of relaxing massages including the scalp, face, neck, and shoulders ensure a deep sense of well-being and relaxation. The skin is immediately bright, clean, soft, and refreshed.

45 minutes.....\$65

Vitamin C Aromatherapy

Illuminate your complexion with our Vitamin C anti-stress treatment, which creates a sensation of tropical oasis filled with aromatic mandarin and lemon essences. Your skin receives the benefits of essential vitamins in conjunction with relaxing massage.

45 minutes.....\$55

Active Eye Contour Treatment

This all natural treatment soothes and refreshes the eyes. This calming, anti-aging, and revitalizing treatment uses special blends of ginseng, cornflower, and chamomile to reduce puffiness, diminish dark circles, and create an overall feeling of relaxation.

30 minutes.....\$45

Add on to a Facial.....\$30

Lift Defense 2 Dermo Reconstructing

Institute Treatment

This unique and deeply relaxing five phase facial treatment not only corrects the structural causes of aging, but also relaxes the expression lines caused by repetitive contractions of the facial muscles. Wrinkles are filled, lines diminished, firmness and density of the skin is increased - the facial contour is remodeled - revealing a new skin.

90 minutes.....\$95

Hydroptimale TH13-Dimension Auto Hydrating

Institute Treatment

A delightful and relaxing treatment that actually teaches your skin to auto-regulate its water balance and maintain its moisture reservoir. It offers a 3-dimensional intelligent program that will keep your skin soft and moist for hours. A thirst quenching mask and sensorial silk textured serum indulge and caress your skin.

90 minutes.....\$95

Hot Stone Facial

All the elements of our European Facial, with the addition of smooth warm and cool river stones to gently massage the face while increasing circulation to the skin.

75 minutes.....\$95

Because we believe using the product at home is as important as the treatment itself, we give a 10% discount on any Sothys products purchased the same day as your treatment.

Massages

Creates relaxation, tranquility, promotes circulation, and relieves soreness and discomfort. Your massage therapist will customize the massage to fit your needs.

General Massage

Includes: Therapeutic, Aromatherapy & Pre-Natal

30 minutes	\$45
60 minutes	\$75
90 minutes	\$100

Deep Tissue and Hot Stone

60 minutes	\$85
90 minutes	\$105

**There may be certain conditions, including cancers and recent surgeries that may interfere with you receiving a massage without a doctor's written permission.*

Waxing

Eyebrow.....\$15	Back.....\$50 & up
Lip.....\$12	Bikini.....\$40 & up
Chin.....\$12	Chest.....\$50 & up
Sideburns.....\$15	Upper Legs.....\$40
Full Face.....\$35	Lower Legs.....\$35
Underarms.....\$30	Full Legs.....\$65
Arms.....\$30	Feet (toes inc.).....\$10
Toes.....\$1 per toe	

Spray Tanning

A fast, safe, air-brushed tanning, lasting ten to 14 days depending on your skin.

Full Body.....\$35	Upper Body.....\$25
Legs.....\$15	Face & Neck.....\$15
Cover up tan lines.....\$15	
Add- on exfoliating before.....\$40	

Facial Exfoliation

Professional Peeling Treatment

Enjoy a gentle yet effective dual-action skin exfoliation to reveal a softer, clearer complexion using an active combination of glycolic and salicylic acid that lifts away dead surface cells, renews skin cells, and creates a smoother complexion. 30 minutes.....\$50

Add treatment to a Facial.....\$30

Beta- Ex Skin Exfoliation

A patented science using a powerful, yet gentle resurfacing procedure that provides a new level of skin renewal. This treatment minimizes the appearance of fine lines and uneven skin pigmentation, smoothes the complexion, balances blemish-prone skin and promotes a healthy youthful glow. (No exfoliation two weeks prior to treatment.)

30 minutes.....\$95

Body Treatments

Orient Essence Ritual

Indulgence is now a necessity with this blissful ritual. Soft smooth skin becomes reality following exfoliation with a ginger infused balm. Aromatic bags – smooth Balinese pebbles in soft gauze soaked in warmed exotic oils and luxurious spiced granita are used to perform a massage inspired by Asian and Indian techniques. The body is enveloped in deep relaxation, the spirit is soothed and the skin hydrated, soft, and luminous. An unparalleled sensory experience where body treatment meets massage.

75 minutes.....\$100

Tonifying Enrichment

A specific treatment to focus on slimming and firming the abdomen and thigh area by improving skin elasticity and body contour. A powerful yet gentle exfoliation effectively prepares the skin to receive customized algae wraps to the target areas.

55 minutes.....\$75

Detoxifying Marine Wrap

Illuminate the skin with an invigorating salt glow, followed by a powerful deep cleansing body mask naturally rich in minerals from refined marine elements. The warmth of the wrap will help soothe away the tension whilst encouraging the elimination of toxins for an all over detoxifying effect in a truly natural way. The body is energized and the skin incredibly smooth and refined.

55 minutes.....\$85

Mineral Enchantment Wrap

Let the supremacy of the ocean eliminate the aches and pains of daily stress. Refreshed skin is immediately evident after a concentrated exfoliation with marine extracts. A warm mineral enriched mud infused with relaxing essential oils soothes tired muscles and rebalances the mind and body to induce ultimate well being.

55 minutes.....\$85

Revitalizing Glacial Leg Treatment

Instant relief for tired legs, aching feet and overworked sore muscles. A gentle loofah cleansing cream infused with exfoliating Beta Hydroxy acids and circulating boosting algae ensures skin is perfectly receptive to the cryogenic menthol wrap applied to the legs and feet. A long lasting refreshing sensation gives a feeling of lightness to the legs. The legs are revitalized and the appearance of the skin is even and clear.

45 minutes.....\$60

Delicious Scrub

An exotic exfoliation option that's good enough to eat. Delicious spices and essential oils of ginger, nutmeg, orange, and cinnamon veil the body following the removal of this marvelous marmalade. Silky smooth skin prevails.

45 minutes.....\$55

Awakening Salt Glow

Remineralizing marine salts are combined with essential oils; the blend is then applied to the entire body to deeply cleanse, exfoliate, and promote the natural elimination process. After a warm shower, hydrating lotion is massaged onto your body.

30 minutes.....\$45

Spa Packages

The Grand Getaway ~ Start this day of relaxation with a Body Treatment of your choice, followed by a 30 minute massage. Then you'll be whisked away to enjoy a Lift Defense 2 Facial with an Anti-Aging Eye Contour Treatment. Next relax while you enjoy with a spa pedicure and spa manicure. Your day ends with a shampoo- style and make-up application!

Approximately 6 hours.....\$360

The Stone Escape ~ Discover the wonderful relaxing effects if a hot and cold smooth river stones during your 90 minute hot stone massage and hot stone facial. Next enjoy a hot stone manicure, and then ease back in the comfort of our heated pedicure chair while receiving your hot stone pedicure!

Approximately 5 hours.....\$270

The Mountain Escape ~ Begin this aromatic voyage with an Illuminating Salt Glow or Back Facial followed by a warm shower. Unwind during your one hour massage aromatic Vitiman C Aromatherapy Facial. Last, but not least, enjoy an invigorating spa manicure and spa pedicure.

Approximately 4 hours.....\$230

The Great Escape ~ It is time to regain your sense of self through his amazing stress relieving package. Start with a relaxing one hour massage, European Facial, and end with a revitalizing spa pedicure.

Approximately 3 hours.....\$170

Create your own Package ~ Personalize your package! Choose three or more of your favorite services for 15% off.

About the Escape Spa

Spa Appointments-So we can accommodate your individual scheduling needs, we recommend you book your spa services well in advance. When booking appointments a credit card will be requested to hold your reservation.

Cancellation - A 50% cancellation fee will be applied to all cancellations made with less than 48 hours notice. No shows will be charged 100% of scheduled services value.

Late Arrivals - We understand that life does happen. Arriving late however, may require your technician to shorten the length of your treatments so as not to inconvenience our other guests.

Room Charges - Because the Escape Spa and Salon is an independent company we are unable to charge spa services to your room. We apologize for any inconvenience this may cause.

Gratuity - Gratuities are not included in services. Your technician is always grateful to receive a gratuity. An 18% gratuity will be added to any services scheduled outside of regular business hours.

Cell Phones - For your relaxation as well as that of our other guests, we ask you turn your cell phone on silent when you enter the spa and salon.

Directions - From downtown Estes Park take Highway 7 South (South St. Vrain) approximately 3.8 miles. Turn right onto Marys Lake Road. Immediately turn left onto Kiowa Drive and follow the signs to the Lodge. The Spa is located in the Lodge, directly under the Tavern.

The Escape At Marys Lake Lodge



Salon & Spa

Historic Marys Lake Lodge & Resort

2625 Marys Lake Road

Estes Park, CO 80517

(970) 577-9495

www.maryslakelodge.com

E-mail: escapespa@maryslakelodge.com